

## **Steroid injection guidance**

**As of 19th June 2020**

**As per the BSR BOA BASS RCGP BSIR BPS CSP guidance published on 16th June 2020 entitled 'Management of patients with musculoskeletal and rheumatic conditions....', the following guidance**

**has been developed to aid Connect Health clinicians.**

- Only give a steroid injection if a patient has significant disease activity and/ or intrusive and persisting symptoms, and there are no appropriate alternatives**
- Ensure all non-injection options have been fully explored and optimised in the first instance**
- An individual analysis should take place on a case by case basis**
- Ask and document the COVID screening questions at the time of the appointment, prior to injecting**
- Informed consent must be obtained and documented prior to injection therapy**
- Ensure patients are fully aware of the potential increased risk and the lack of clear evidence relating to risk during the coronavirus pandemic. They must be engaged in decision making**
- Use the lowest possible corticosteroid steroid dose**
- Only perform one injection per appointment**
- PPE must be worn to the level as per guidance**
- Infection prevention control measures must always be adhered to**
- Advise all patients to adhere to public health advice e.g. regarding hand hygiene and social distancing, to reduce the risk of COVID infection**

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